



Silicon Valley Surgery Center

14601 S. Bascom Ave., Suite 100
Los Gatos, CA 95032
(408) 402-0663

Bascom Surgery Center

3803 S. Bascom Ave., Suite 106
Campbell, CA 95008
(408) 369-9535



DISCHARGE INSTRUCTIONS FOLLOWING ANESTHESIA FOR PEDIATRIC PATIENTS

Follow carefully any written or verbal instructions your physician may have given you.

DIET

- Start with clear liquids such as “flat” soda, tea, jello, soup, etc.
- Progress to soft foods such as milk, yogurt and mashed foods.
- If there is no nausea, progress to normal diet.

NAUSEA and VOMITING

- Nausea and vomiting occasionally occur after surgery.
- If your child is nauseated, keep on clear liquids until it passes.
- If it persists for any length of time at home, notify your physician.

ACTIVITY

- Your child may feel sleepy today and nap on and off, especially if taking pain medication.
- You may need to assist with walking, etc.

DISCOMFORT

- If your physician has prescribed medication for surgical discomfort, give as directed.
- If nothing was prescribed, you may try non-prescription pain medication such as Tylenol
- If discomfort is not relieved, contact your physician.

Your child may have received a peri-operative suppository such as acetaminophen. If you have any questions, please check with your physician.

If there is excessive or persistent pain, swelling, bleeding, fever, or any other problems regarding specific surgery, or if you feel there is not a normal recovery taking place, please contact your physician. If you are unable to contact your physician, seek help from a hospital emergency room.

Physician: _____ Phone No.: _____

OTHER INSTRUCTIONS _____

I understand the instructions given to me.

Parent/Guardian Signature

Date and Time

Discharge Instructions given by:

Nurse's Signature

Date and Time